



Privacy Policy

On November 1st 2004 the Personal Health Protection Act (PHIPA) came into effect. The new law provides the regulations by which healthcare providers collect, use, allow access and store your personal health information. Melissa Exel RMT and A Body in Motion employees are committed to respecting and protecting your privacy. All personal information is protected. In accordance with the College of Massage Therapists of Ontario (CMTO), the Registered Massage Therapist requires the health history information to provide safe and effective treatment. Health History forms and Treatment Notes are confidential. They will be securely maintained and used to help with assessment and Registered Massage Therapy treatments. Your information will be updated annually to ensure your records are accurate and up to date. You will be asked to provide written authorization for the release of any information.

We collect your personal information and email to contact you for appointment reminders, cancellations or questions with regards to your treatment. Your information will not be used for promotional purposes and will not be shared with anyone.

As our therapists work closely together with the physiotherapists at A Body in Motion Rehabilitation, we may discuss courses of treatment and treatment plans with the appropriate treating therapists. Discussions of this nature are held in the best interest of your treatment and only necessary information will be shared.

Consent to Treatment, Acknowledgement and Waiver

All clients will be assessed and given a proposed treatment plan specific to their condition based on their health history information provided and discussion with their massage therapist. You understand the importance of completing your health history accurately and truthfully, and you understand that it is your responsibility to inform the therapist of any pre-existing health conditions, limitations or sensitivities. You understand that massage should not be a substitute for a medical examination, diagnosis or treatment and you should see a physician for any mental or physical ailment that you are aware of. Because massage should not be performed under certain medical conditions, your therapist may decide if it is unsafe to proceed with treatment.

At the start of each treatment we will discuss any concerns you or your therapist has as well as your treatment. You understand that all treatment sessions include an assessment and dressing time included in the time you have booked.

Draping creates a physical boundary to ensure the clients and therapist safety and comfort. Only areas being treated will be exposed. You have the right to leave any articles of clothing on you wish. Open communication between client and therapist is encouraged at any time regarding all aspects of treatment. If at any time during a treatment you feel uncomfortable for any reason you have the right to stop or modify treatment. You also understand the therapist has the right to stop treatment at any time due to any inappropriate behaviour on your part.

You understand the risks associated with massage therapy and from the use of facilities and equipment. You hereby release Melisa Exel RMT for all liability for any injury. You further release all foregoing personal and entities from all liability arising from an injury or damage resulting from your failure to disclose any pre-existing health condition, limitation or sensitivity or your failure to inform the therapist of any discomfort during your treatment.

I have fully read and understand the above information and give my consent to be treated by Melissa Exel RMT.

Signature: _____ Printed Name: _____ Date: _____